

**JAMESTOWN COMMUNITY COLLEGE**  
**State University of New York**

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**INSTITUTIONAL COURSE SYLLABUS**

**Course Title:** Lifeguarding/CPR/AED

**Course Abbreviation and Number:** PHE 1731

**Credit Hours:** 3

**Course Type:** Lecture/Lab

**Course Description:** Students will learn the skills of preventive lifeguarding, water rescue techniques, and aquatic facility management for pools and waterfronts. American Red Cross certification in CPR for the professional rescuer, lifeguarding, community first aid, automatic external defibrillator, and waterfront module may be used upon successful course completion. Students will learn to give immediate care to an individual who has been injured, has suddenly taken ill, or has a cardiac emergency.

No requisites.

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**Student Learning Outcomes:**

Students who demonstrate understanding can:

1. Identify themselves as being certified in American Red Cross Lifeguarding, CPR/AED for professional rescuers, and community first aid.
2. Demonstrate water rescues for passive and active drowning victims
3. Remove victims from the water and provide emergency first aid
4. Demonstrate the proper use of an automated external defibrillator.
5. Demonstrate the proper use of rescue equipment including rescue tubes, ring buoys, reaching poles, and rescue boards.

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**Topics Covered:**

- Lifeguard responsibilities and standards
- Facility safety
- Rescue equipment use
- Patron surveillance
- Emergency response
- Primary and secondary surveys
- Introduction to the use of breathing devices

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**Information for Students**

- Expectations of Students
  - [Civility Statement](#)
  - [Student Responsibility Statement](#)
  - [Academic Integrity Statement](#)
- [Accessibility Services](#)

Students who require accommodations to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.

- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)

- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

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**Effective Date:** Fall 2021